

Beauty Portrait with Negative Fill

Lighting Goal

This setup is built for clean beauty and fashion portraits with rich contrast, sculpted facial features, and soft, premium skin tones. Instead of adding more lights, the focus is on controlling light using negative fill, creating depth while keeping the lighting simple.



Light 1: Beauty Dish with Grid (Key Light)

- Modifier: Beauty Dish with Grid
- Position: Just above the camera
- Purpose:
 - Primary light source.
 - Produces crisp, flattering beauty lighting.
 - The grid keeps the light controlled, preventing spill onto the background while maintaining contrast on the face.



Light 2: Ceiling Bounce (Fill Light)

- Modifier: Standard Reflector
- Position: Behind the camera, pointed towards the ceiling
- Purpose:
 - Creates a soft ambient fill.
 - Lifts shadows naturally without flattening facial structure.
 - Maintains a clean commercial look while preserving depth.



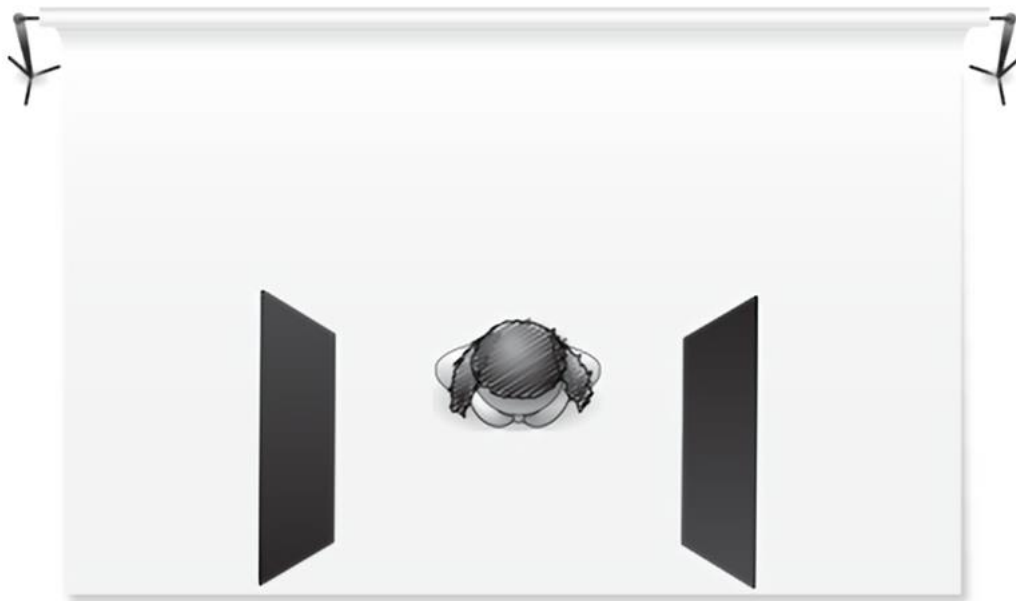
Negative Fill (Black Flags)

- Position: One black flag on each side of the model
- Purpose:
 - Absorbs stray light instead of reflecting it.
 - Increases contrast across the jawline and cheekbones.
 - Creates stronger facial definition and a more premium beauty look.



Camera Settings

- Camera: Canon R6 Mark II
- Lens: Canon RF 24–105mm f/4
- Shutter Speed: 1/160 sec
- Aperture: f/9
- ISO: 100



Camera: Canon R6 m2
Lens: 24-105mm f/4
Shutter: 1/160
Aperture: f/9
ISO: 100


SetMyLight
by Siddology



Why This Setup Works

The beauty dish delivers clean, focused illumination with natural catchlights and excellent skin texture. Rather than using additional fill modifiers near the model, a ceiling bounce softly opens the shadows while the black flags remove unwanted reflected light. The combination produces images with crisp contrast, controlled highlights, and beautifully sculpted facial features—ideal for beauty, fashion, model portfolios, and commercial portraits.

